

SG6 Manual Handling for Scaffolders – NASC Toolbox Talk

Test Paper A

Question 1

If you have any health or safety concerns, you should report them to your supervisor?

- a) True
- b) False

Question 2

The KEY to proper lifting is to keep the 3 curves of your back in a natural position – spine in line?

- a) False
- b) True

Question 3

When is the best time for a manual handling risk assessment to be carried out?

- a) Whilst the task is being carried out
- b) Before an individual carries out the task
- c) Immediately after an injury has occurred
- d) If you feel like it

Question 4

What should you do if the load is too heavy or bulky?

- a) Lift it anyway
- b) Get a mechanical aid or additional assistance
- c) Leave it for someone else
- d) Leave it in the middle of the walkway and hope someone else moves it

Question 5

When moving a load what should you try to avoid?

- a) Bending your neck to see where you are going
- b) Twisting your trunk to speak to others
- c) Carrying the load for long distances
- d) All of the above

Question 6

When carrying a load it should be kept?

- a) As far away from the body as possible
- b) Somewhere in between
- c) As close to the body as possible
- d) On your shoulder

Question 7

The Manual Handling Operations Regulations do not apply to the pushing or pulling of a load.

- a) False
- b) True

Question 8

In relation to the risks associated with handling scaffold materials, what are the minimum PPE requirements for the majority of the scaffolding industry?

- a) Hand protection
- b) Head protection
- c) Foot protection
- d) All of the above.

Question 9

What maximum load is specified in the HSE guidance for Manual Handling operations?

- a) 10kgs
- b) 20kgs
- c) 30kgs
- d) There is no maximum limit specified – all Manual handling operations are subject to Risk Assessment

Question 10

Leaning scaffolding materials vertically and un-secured against a scaffold structure is an acceptable practice if the operative leaves the area for a natural break, for his lunch or at the end of the shift.

- a) True
- b) False