

**20% OF ALL INJURIES SUFFERED BY
SCAFFOLDING OPERATIVES EACH
YEAR ARE FROM MANUAL HANDLING***

**Will £99.35
a week
Statutory Sick
Pay (SSP) pay
your bills?**



MANUAL HANDLING MATTERS

TASK

Consider the activity, i.e. the lifting, lowering, carrying, pushing or pulling, repetitive movements, strenuous movements, long distances, or uneven weight distribution.

INDIVIDUAL

Consider your capabilities, how strong, fit or able are you? Do you need help?

LOAD

Consider the object that is being moved, is it heavy, bulky or unstable?

ENVIRONMENT

Consider the area. Are there any space constraints? Is the floor slippery or uneven? Is there sufficient lighting? Are there any trip hazards?

*Statistic derived from figures published in the last five annual NASC Safety Reports

REFER TO SG6 MANUAL HANDLING, AVAILABLE FROM THE NASC WEBSITE



NASC

NATIONAL ACCESS AND
SCAFFOLDING CONFEDERATION

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