

## **SG6:22 Manual Handling for Scaffolders – NASC Test**

### **Test Paper B – Answers**

#### **Question 1**

- a) Yes

Answered at 4:10 in section “Individual”, in the NASC SG6:24 video.

#### **Question 2**

- c) 3

Answered at 12:10 in section “Carrying Short Boards”, in the NASC SG6:24 video.

#### **Question 3**

- d) At all times when working at height.

Answer displayed at 2:30 with the onscreen information, in the NASC SG6:24 video.

#### **Question 4**

- b) True

Answer given at 8:10 in the “Arms” section, in the NASC SG6:24 video.

#### **Question 5**

- a) Bend your back.

Answer given at 7:10 in the “Back” section, in the NASC SG6:24 video.

#### **Question 6**

- b) True

Answer displayed in onscreen information for “Kinetic Lifting Techniques” at 6: 00 and during the “Back” section starting at 6:40, in the NASC SG6:24 video.

#### **Question 7**

- a) Yes

Answered at 1:30, in the NASC SG6:24 video.

#### **Question 8**

- d) Only when they are about to be lifted up the scaffold and are temporarily secured.

Answered at 12:00 in the section “Uprighting Long Boards”, in the NASC SG6:24 video.

**Question 9**

- a) Bending of the back
- c) Carrying materials through narrow or restricted areas.
- d) Lifting with arms extended.

Answers given at 7:10, 5:20 and 8:10 respectively, in the NASC SG6:24 video.

**Question 10**

- b) Consider if manual handling can be avoided, e.g. through the use of mechanical methods.

Answer displayed in the onscreen information from the "Manual Handling Hazards and Risks" section at 2:00, in the NASC SG6:24 video.